



GRADE 1 - 3

Mental Health & Well-being: Check out “Grow Gratitude” activity on [GoNoodle](#). Take time each day to meditate as a family for 15 minutes.

LITERACY SCHEDULE

<p>Monday March 30th</p> <p>Have your child choose a topic of interest (sports, oceans, an animal, country, etc.) to find and record information. Get them to tell you 3 things they learned about that topic.</p>	<p>Tuesday March 31st</p> <p>Choose 10 words and clap out the syllables. Which word has the most syllables? Which words had 2 syllables? 3 Syllables? Go deeper: do this with words in cree, Saulteaux or Nakota.</p>	<p>Wednesday April 1st</p> <p>Create an alphabet poster. Include a word and illustration for each letter.</p>	<p>Thursday April 2nd</p> <p>Have your child create a new word. Have them write it out and tell you what the word means. Draw a picture of the it and label it. Pudrown: The colour of water on the road in the spring.</p>
<p>Friday April 3rd</p> <p>Write positive words on paper hearts and put them in the window for others to see.</p>	<p>Saturday April 4th</p> <p>Write down 5 questions to use in an interview with a family member or friend. Talk to, call, Facetime, or video chat with that family member or friend to conduct the interview.</p>	<p>Sunday April 5th</p> <p>Choose a recipe your child can read to cook. When they struggle with a word, ask them to sound out the letter sounds. Take a picture of what you made and share it! #happyathome</p>	<p>BONUS!</p> <p>Find out how to say “Happiness” and “Home” in either cree, Saulteaux or Nakota</p>



NUMERACY SCHEDULE

<p>Monday March 30th</p> <p>Keep track of the weather starting today. What is the temperature out?</p> <p>On April 13th answer the following: How many sunny days? Rainy days? Cloudy days? How many more sunny days than rainy days?</p>	<p>Tuesday March 31st</p> <p>Have someone count how many jumping-jacks you can do in one minute. Repeat this three times. Compare then compare your results.</p>	<p>Wednesday April 1st</p> <p>Scavenger hunt in your home!! See how many three -dimensional shapes you can find. Look for rectangular prisms, cylinders, cubes, cones, pyramids, and spheres.</p>	<p>Thursday April 2nd</p> <p>Write as many number sentences as you can that have 24 for an answer. Write as many number sentences as you can that have 24 for an answer.</p> <p>Ex) $1+23=$</p>
<p>Friday April 3rd</p> <p>Look inside a grocery store flyer. Cut out an item that is less than a dollar, more than 2 dollars and under 5 dollars.</p>	<p>Saturday April 4th</p> <p>"I am thinking of a number between 10 and 100 that has a 3 in it. Guess what the number could be?" Make up your own number riddles and try them out on a someone you live with.</p>	<p>Sunday April 5th</p> <p>Flip a coin 50 times. Make a chart for the heads and tails. Make a tally mark each time you flip. How many heads and tails did you get?</p>	<p>BONUS!</p> <p>Practice proper hand washing technique, count to 30 in cree, Saulteaux or Nakota Talk about the importance of good hand washing.</p>



LEARNING THE LAND SCHEDULE

<p>Monday March 30th</p> <p>Take a nature walk and collect different sizes and shapes of leaves to make a matching game with.</p>	<p>Tuesday March 31st</p> <p>Practice calling different animals. Try calling a moose to your yard!</p>	<p>Wednesday April 1st</p> <p>Explore different sounds natural objects can make (rocks, sticks, water) create instruments with these objects and record the music you make.</p>	<p>Thursday April 2nd</p> <p>Scavenger Hunt! Find: 1 body of water, 2 different types of trees/leaves, 3 animals tracks, 4 sounds, 5 different rocks, pick up and throw out 6 pieces of garbage.</p>
<p>Friday April 3rd</p> <p>Collect as many rocks that look like hearts. Have someone else in your house decide which one looks the best.</p>	<p>Saturday April 4th</p> <p>Using sticks, rocks, or other objects from your house, re-create animal tracks in the snow or mud.</p>	<p>Sunday April 5th</p> <p>Explore different sounds natural objects can make (rocks, sticks, water) create instruments with these objects and record the music you Using items found around your yard create a fort and play in it.</p>	<p>BONUS!</p> <p>Using sticks, stones and other elements of nature you find, write a message that makes you happy, take a picture and share it!</p>