



GRADE 4-6

Mental Health & Well-being: Check out “Grow Gratitude” activity on [GoNoodle](#). Take time each day to meditate as a family for 15 minutes.

LITERACY SCHEDULE

<p>Monday March 30th</p> <p>Create word families. Find someone to play with and think of as many words that end with -ate, -ow,-ough, etc. The person who writes and spells the most words correctly in 45 seconds wins that round.</p>	<p>Tuesday March 31st</p> <p>Select a book to read for at least 20 minutes. While reading, imagine what the characters look like. Choose one character and draw a picture of them in a different story.</p>	<p>Wednesday April 1st</p> <p>April 1st fools!</p> <p>Can you think of a funny and safe prank to pull off before noon?</p>	<p>Thursday April 2nd</p> <p>Look through the cupboards and fridge and create a grocery list of things you need to get the next time someone is at the store.</p>
<p>Friday April 3rd</p> <p>Review a movie, book or game you’ve played recently and send it to a friend. You can write this review or you can send them a video about your recommendations.</p>	<p>Saturday April 4th</p> <p>Read a story to a younger sibling, parent/guardian or a pet.</p>	<p>Sunday April 5th</p> <p>Write an acrostic poem for the word Spring.</p>	<p>BONUS!</p> <p>Find out how to say “Happiness” and “Home” in either cree, Saulteaux or Nakota.</p>

NUMERACY SCHEDULE



Monday March 30th		Tuesday March 31st		Wednesday April 1st		Thursday April 2nd
Find 5 or 6 different containers in your house, estimate the volume each. Pour water into each to see how much they hold.		Download the App Code Karts complete simple challenges while racing your go-cart on the track.		How many ways can you make \$8.25? If you only use quarters how many would you need? If you only use dimes how many would you need?		Research the lakes in Treaty 4 Territory. How many are there? What's the biggest lake? What's the deepest lake? What's the average size?
Friday April 3rd		Saturday April 4th		Sunday April 5th		BONUS!
Find 5 numbers larger than 10 000 in a newspaper, magazine or book. Put them in order from least to greatest. What is the difference between the smallest and the largest number? What's the middle number?		Find a recipe you would like to make with a family member. Using the recipe, double the batch. How many people does your recipe serve? Which measurement was the hardest to double?		Scavenger Hunt! Using real-world objects look for different right angles (doorway) also look for angles bigger and smaller than 90 degrees (right angles)		Using a deck of cards, play a game of Addition, Subtraction or Multiplication War – the person that adds, subtracts or multiplies the two cards first gets to keep them.



LEARNING THE LAND SCHEDULE

<p>Monday March 30th</p> <p>Find a 'sit spot' in your yard that you can use. Research how to use a sit spot.</p>	<p>Tuesday March 31st</p> <p>From your sit spot, draw one thing you can see or describe one thing you can hear.</p>	<p>Wednesday April 1st</p> <p>Find three very different rocks. Describe their colour, shape, texture and size. How do you think they were formed? Can you identify what type they are?</p>	<p>Thursday April 2nd</p> <p>Scavenger hunt! Go outside and find: one strong smell, two brightly coloured items in nature, three different nature sounds, four different tracks, and five pieces of trash (throw them away!).</p> <p>bonus: one repurposed object</p>
<p>Friday April 3rd</p> <p>Is there a large hill close by? Climb up it! How long did it take you to get to the top? Use a GPS or app to help you find the elevation. Do you notice anything different from the top of the hill than the bottom? Use your five senses.</p>	<p>Saturday April 4th</p> <p>Help a younger sibling build a fort outside – or build one for yourself!</p>	<p>Sunday April 5th</p> <p>Clean-up day! Is there an area in your yard, an elder's yard or your community (that you can access while maintaining social distancing) that needs some TLC? Take time today to tidy up your environment.</p>	<p>BONUS!</p> <p>Using sticks, stones and other elements of nature you find, write a message that makes you happy, take a picture and share it!</p>