



PRE-K/KINDERGARTEN

Mental Health & Well-being: Draw a cup or print out a picture of a cup. Inside the cup colour how much of each emotion you're feeling right now. Yellow- Happy, Red- Angry, Purple-Scared, Green- Excited, Blue- Sad, Orange-Surprised

LITERACY SCHEDULE

Monday April 13th

Think of some words that rhyme and practice using them in the same sentence. (bug/hug – I think that bug needs a hug.)
Challenge: Try rhyming words that end with:
-at
-an
-ig

Tuesday April 14th

Syllable scavenger hunt.
Find:
-1 object that has 4 syllables
-2 objects that have 3 syllables
-3 objects that have 2 syllables
-4 objects that have 1 syllable
Make a list or draw pictures of the objects you found.

Wednesday April 15th

Write the letters of the alphabet on pieces of paper. Lay them out on the ground and sit around them in a circle. Call out letters (or sounds). The first person to slap the right letter gets to keep the paper. Add up your points. The winner is the caller of the next round.

Thursday April 16th

Find somebody in your family to be a pen pal for your child. Have your child write a letter (even if it is just with scribbles and drawings – prewriting). Take a picture of the letter and text it to the pen pal and encourage them to do the same. Wait for a reply and write another letter.

Friday April 17th

Sing the alphabet.
Challenge:
1. Say the alphabet without singing
2. Say the alphabet backwards

Saturday April 18th

Sing Twinkle Twinkle Little Star and pick out the words that rhyme. Go further: Write the rhyming words down and create a matching game.

Sunday April 19th

Pick up your favourite book and while you read:
- identify the front and back covers
- point to each word as you read

BONUS!

Think of a story you know and make some puppets out of materials you have around your house. Retell the story with your puppets.



NUMERACY SCHEDULE

Monday April 13th

Was the Easter bunny feeling okay? Did he leave any eggs at your house this weekend? If he did, sort them by colour. and put them in a repeating pattern. If he didn't make and draw a repeating pattern.

Tuesday April 14th

Put some flour on a cookie sheet. Practice writing the numbers 1-10.

Wednesday April 15th

Get your child to sort their socks by colour. Count each pile and determine which colour socks are most popular.

Thursday April 16th

Have your child sort their toys from biggest to smallest.

Friday April 17th

Using yarn or string get your child to create different shapes. Have them make a circle, square, triangle, rectangle, diamond and oval.

Saturday April 18th

Figure out ages of people in your family. Who is the oldest? Who is the youngest?

Sunday April 19th

Go outside and make animal jumping stations by marking off different distances based on how far each animal can jump. Have your child count how many jumps it takes to go the same distance.
5 ft = grasshopper
6 ft = frog
15 ft = kangaroo

BONUS!

Look at the calendar. How many days are in April? How many Mondays are in April? What day is April 5th?



LEARNING THE LAND SCHEDULE

Monday April 13th

In cree, Saulteaux or Nakota find out how to say the seasons.

Tuesday April 14th

Using leaves, determine which way the wind is blowing.

Are there other ways that you can tell which way the wind is blowing?

Wednesday April 15th

Count how many robins/geese you see today. Keep track of how many you see.

Thursday April 16th

Search your kitchen for plants that you can eat. Look at the different parts of plants (carrots or onions for roots; broccoli tops for flowers; lettuce for leaves; beans or peas for seeds; celery for stems; bananas for fruit). Pick some plant parts to share as a snack!

Friday April 17th

Find the colour Brown. By looking at different natural objects and materials find as many different shades of brown you can find.

Saturday April 18th

Scavenger Hunt!
Find sticks that look like different letters of the alphabet. Find:

Y
T
S
L
C
E
F

Challenge: spell a word with the stick letters you find

Sunday April 19th

With your child, talk about the different bodies of water; rivers, ponds, lakes, oceans. Talk with somebody and compare/contrast.

BONUS!

Using a dice or numbered pieces of paper act out how these animals would move. Show how

- 1- Owl would fly
- 2- Beaver would swim
- 3- Gopher would dig
- 4- Buffalo would run
- 5- Wolf would hunt
- 6- Frog would jump

Try other animals too!