

GRADE 7 - 9



Mental Health & Well-being: Write down a goal, big or small, that you want to accomplish this week. Write down ten actions that you must take to accomplish this goal. As you complete your tasks, mark them off! Give yourself a positive affirmation/compliment after completing your tasks and reward yourself after completing your goal!

LITERACY SCHEDULE

Monday April 13th

What are your family's Easter traditions? Send an email to a classmate or teacher explaining them.

Tuesday April 14th

Start a journal to document your time at home. For today's entry, jot down all of the ways you are staying happy at home.

Wednesday April 15th

Research a species at risk in Saskatchewan. Share 3 facts about the species with your family. Bonus: What is its name in Cree/Nakota/Saulteaux?

Thursday April 16th

In your journal, respond to the following prompt: Three things I want to remember about this time in history are... Two things I am feeling are... One thing I'd like to tell my classmates is...

Friday April 17th

Being able to answer questions in complete sentences is a valuable skill. Have a family member ask you questions and practice answering them in complete sentences (not one-word answers).

Saturday April 18th

Listen to your favourite song. What is it about the song that you feel connected with? Are there certain lyrics that you feel describe you? Write about your connections to the song in your journal.

Sunday April 19th

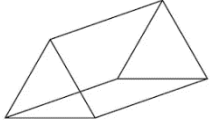
Your opinion is what you think and how you feel about certain topics. Write a paragraph stating your opinion about a topic of your choice. Possible topics are things like education, pollution, what makes a good leader, etc.

BONUS!

You are an amazing, talented, and original human being! What makes you different from everybody else? Take some time and celebrate you by writing a song, poem or simply drawing a picture.



NUMERACY SCHEDULE

Monday April 13th	Tuesday April 14th	Wednesday April 15th	Thursday April 16th
<p>Do you have a staircase in your home? Time yourself running up and down it 5 different times. Find the mean, median and mode of your results (if you don't have stairs run a lap around your house).</p>	<p>Which is greater – arm span or height? What is your prediction? Measure yours to find out. Challenge: Estimate the ratio of the length of an arm or leg to body height, then measure to check the accuracy of the estimate.</p>	<p>Write 0.610 and 1.12 as percentages. Write 45.3% and 112.6% as decimals.</p> <p>Challenge: Can you write them as fractions?</p>	 <p>How many faces does this shape have?</p> <p>Find an object in your house with more faces. Find one with less.</p>
Friday April 17th	Saturday April 18th	Sunday April 19th	BONUS!
<p>Write the following fractions in lowest terms (divide the numerator and denominator by the same number as many times as you can):</p> <p>$\frac{6}{8}$</p> <p>$\frac{2}{8}$</p> <p>$\frac{12}{16}$</p>	<p>Draw a diagram of a thermometer with the degrees ranging from -15 to 15. Keep track of the weather each day and mark the day on your thermometer.</p>	<p>Body break! Roll two dice, this is the number of reps you will do. The number of letters in your first name is the number of sets. For example, if your name is Phil and you roll a 3 and 2 you will do 4 sets of 5 reps. First do jumping jacks. Reroll and do jump squats. Reroll and do crunches. Keep track of your time to do each exercise. How many of each did you do in total?</p>	<p>How much money do you need to buy a dirt bike and a motorcycle?</p> <p>Kayak = \$813.50 Sailboat = \$554.00 Motorcycle = \$799.99 Canoe = \$715.80 Dirt Bike = \$518.00</p> <p>How much would the two items cost in Saskatchewan with 11% sales tax?</p>



LEARNING THE LAND SCHEDULE

Monday April 13 th	Tuesday April 14 th	Wednesday April 15 th	Thursday April 16 th
<p>The weather can affect our feelings. How does the weather make you feel? Look out the window today and think about how the weather makes you feel. Go outside for a walk. What did it do to your mood? Talk about what you noticed with a family member.</p>	<p>All living things on Earth are either consumers or producers. What is the difference? Identify one consumer and one producer and draw a diagram of each. Go the extra step and draw a food chain. Label the producers and consumers.</p>	<p>Think about one thing that you can do to make the world a better place. What would you need to accomplish this goal? Make a plan and take the first steps.</p>	<p>Go outside with a piece of paper and a pencil. Draw three columns with the titles; Things in Nature, Things We Have in Common, How It Helps Me. Find 5 things in your environment and tell how you are like that object. Try and consider less noticeable things like the air, soil, sun, etc. Example: Tree – We both have an outer layer to protect us. It gives me oxygen.</p>
Friday April 17 th	Saturday April 18 th	Sunday April 19 th	BONUS!
<p>Go outside and take some photos of things that are around your home. Try taking pictures from different perspectives (heights, angles, distances). Choose a photo that makes you happy and share it. #Happyathome</p>	<p>How does a weather vane work? Create one using natural and recycled materials you find at home. Invite your family members to help.</p>	<p>Sit at a window or find a comfortable spot outside. Use art materials to create a sketch, drawing or painting of what you see. Try to incorporate the finer details in your art.</p>	<p>Go outside and use only natural materials to create your own sundial.</p>