



PRE-K/KINDERGARTEN

Mental Health & Well-being: Let's make inspiration stones! Go for a walk outside and collect 5-10 stones that can fit in the palm of your hand. At home, paint and colour them with different images and inspirational sayings such as hope, peace, love, grow, trust yourself. Carry it in your pocket, leave it somewhere to be discovered, or pass it on to someone you know.

LITERACY SCHEDULE

Monday April 20th

Identify the different phonological lengths of words. Clap out the syllables of each word as you say it and ask your child to tell you which word sounds longer.

apple – cow
spider – moon
sun – orange
button – hat
butterfly – car

Tuesday April 21st

Spring is an exciting time of year! It is getting warmer outside and new things are growing! Make a list of 5 things you would like to do or see this spring! Draw pictures to go with your list.

Wednesday April 22nd

Choose some 3 letter words and say each of the sounds very slowly. Have your child identify the first sound, the last sound and the middle sound in the word. Then blend the sounds and say the word together.

/s/ - /a/ - /t/
(bed, fox, sip, fit, dog, fun, hop, car, all, cap, cup)

Thursday April 23rd

Identify the middle syllable of a 3-syllable word. Have your child clap out the syllables and tell you which is the middle syllable.

Extension: Identify the first or last syllable (banana, Saturday, basketball, dragonfly, animal, celery, dinosaur, piano, video, umbrella)

Friday April 24th

Make a sock puppet by wearing a sock on your hand.

Create a puppet show or have your sock puppet retell one of your favourite stories.

Saturday April 25th

Write a letter to a family member telling them how much you love them. Ask somebody to help you write your letter in cree, Saulteaux or Nakota.

Sunday April 26th

Find a book at home or online and make up a story that goes along with the pictures. Ask questions about where the characters may be going, or what they might be thinking.

BONUS!

Help an adult prepare a snack and host a tea party with your family. Talk about all the things that make you happy. #Happyathome



NUMERACY SCHEDULE

Monday April 20th

Look around your house and see how many sets of 10 you can find.

Can you find:

- 10 spoons?
- 10 leaves?
- 10 shoes?

What else can you find in a set of 10?

Tuesday April 21st

How far can your car go? Pick 2 different toy cars and roll them across a flat surface starting at the same line. Use a measuring tape to see how far each car goes. If you don't have a measuring tape you can measure with another item such as your foot or a pencil.

Wednesday April 22nd

Set up some water bottles or pop cans and go bowling. Each bottle/can should be marked with points (in numbers and dots). For each bottle/can knocked over, have your child count the dots to see how many points they get. Make it a family activity! Older children can add up the numbers instead of the dots.

Thursday April 23rd

Find 10 of something in your house that your child can use as counters (noodles, legos, grapes, etc.) and have your child solve simple addition problems that add up to 10 or less.

Write the question down and model how to solve it. $3+2=$ __ (If I have 3 grapes and I take 2 more, how many do I have?)

Friday April 24th

Play Higher or Lower. Think of a number between 1 and 10 and have your child guess the number. You can only answer with "higher" or "lower". Take turns guessing the number.

Saturday April 25th

Go look in your sock drawer. Can you make a pattern with your socks?

Try AB, ABB and ABC patterns.

Note:
Patterns can also be made with blocks of different colours or with items of different shapes!

Sunday April 26th

Find a spoon in your kitchen.

Find 5 things in your home that are longer than a spoon.

Find 5 things in your home that are shorter than a spoon.

Challenge: How many spoons tall are you?

BONUS!

See how many jumping jacks you can do in 30 seconds. Which family member can do the most?



LEARNING THE LAND SCHEDULE

Monday April 20th

With your eyes closed, randomly choose 3 different colour crayons from the box. Go on a scavenger hunt outside to see if you can find items that match the colours you picked from the box.

Tuesday April 21st

Mud painting. Create a few tubs of mud paint. You can add food colouring to the mud or used different shades of dirt. What can you add from nature to colour the mud? Experiment using different materials from nature as paint brushes.

Wednesday April 22nd

Play Tic Tac Toe, Create a grid in your yard. Use rocks, leaves or sticks as marker.

Thursday April 23rd

Play Eye Spy Rhyme! You can take this game outside too!

Eye spy something that rhymes with go, "snow".

Friday April 24th

Explain to your child why they are named what they are. Who are they named after? Why did they get that name? Does it mean something? Have them write their name on a big sheet of paper and colour it.

Saturday April 25th

Practice braiding! You can practice on someone or use three long strings.

Sunday April 26th

Draw Stalk. One person hides with a drum (or a loud noise maker). The other person wears a blindfold and follows the sound of the drum to find the drummer. Make sure to have a spotter to make sure the blindfolded person does not get hurt.

BONUS!

Look around and see if you can find 5 different leaves on the ground. Can you identify which plant or tree the leaves came from? Do all trees have leaves? Why or why not?