

GRADE 7 - 9



Mental Health & Well-being: Download a collage app. Take 6 photos in black and white of things that are different in your life that have caused upheaval, distress, sadness, or uncomfortable feelings in general. Put it into the collage. Share it on social media and challenge others to do the same. If you do not wish to share on social media, discuss it with someone close to you.

LITERACY SCHEDULE

Monday April 20th

Read an informational article or watch the news. How does what you read/heard make you feel? What are some questions that you have about what you read/heard? Make a list of questions that you have and spend some time researching the answers. If needed, ask somebody to help you.

Tuesday April 21st

What is something that you think would make the world a better place? Create a poster that informs people about your ideas. Create a title and include reasons why you think your idea is important.

Wednesday April 22nd

What is respect? What does it mean to you? Does it mean the same thing to other members of your family? Ask them and find out. What are some ways that you display respect in your everyday life?

Thursday April 23rd

Create a timeline of your life. Start from the year that you were born and go to today in 2020. Add in important things that happened to you. These could be things that you are proud of, important events that changed your life, or challenges you have overcome. Use both words and illustrations.

Friday April 24th

Write in your journal about all the things that you are thankful for today. Share your thoughts with somebody.

Saturday April 25th

Everybody loves being read to. Take some time today to read to a member of your family.

Sunday April 26th

Alliteration is the occurrence of the same sound or letter in words close together. Write simple poems using alliteration. "The tiny toad was tongue tied..."

BONUS!

If you were to write the story of your life, what would the introductory sentence be? Continue to write the first paragraph.



NUMERACY SCHEDULE

Monday April 20th	Tuesday April 21st	Wednesday April 22nd	Thursday April 23rd
<p>The hardware store in town got new swing sets in. They marked the swing set up 120% of the original cost of \$325. What was the cost of the swing set? Once the weather warmed up the swing set went on sale for 75% off. What was the discount price of the swing?</p>	<p>Design your own tiny dream house! Start with grid paper (you can create your own) and draw the outline of your house. Try designing it with 1 square = 1 square foot. Include all the details in your design that would make your home a safe and comfy space.</p>	<p>Write the following numbers in expanded form: 10,846 908,006 5,864,271 810,700,624</p> <p>Example: $17,098 = (1 \times 10,000) + (7 \times 1,000) + (9 \times 10) + (8 \times 1)$</p>	<p>Plan your dream vacation! Where do you want to go? Who is going with you? Create a budget for your trip with all the details (e.g. hotel costs, travel, meals/snacks, entry costs to places/events, spending money, etc.). Create a spreadsheet.</p>
Friday April 24th	Saturday April 25th	Sunday April 26th	BONUS!
<p>You have decided to change the flooring in your whole house. The new flooring you want to buy is \$2.75 per square foot. Your first job is to find out how much flooring you will need to buy (find the area of each room/hallway using $a=l \times w$). Then find out the total cost of the flooring (price x total area of house).</p>	<p>What is the difference between the following triangles? -scalene -isosceles -equilateral -right -obtuse -acute</p> <p>Draw a picture of each and describe their differences. Challenge a member of your family to find an example of each in your home.</p>	<p>Play battleship against a friend or family member. Take 2 blank pieces of paper and make 2 game boards. Each person draws 10 vertical lines and 10 horizontal lines to create a grid. Across the top, label the lines 1 to 10. Down the left side, label the lines A to J. Play battleship by marking ships on your paper and having somebody guess where on the grid the ships are located (e.g. D5, B6)</p>	<p>Design your best paper airplane (and challenge others to do the same)! See which airplane can survive the following performance tasks:</p> <ul style="list-style-type: none"> - Fly the straightest line (stay on the path) - Go the distance (measure the furthest) - Hang time (time in the air)



LEARNING THE LAND SCHEDULE

Monday April 20th	Tuesday April 21st	Wednesday April 22nd	Thursday April 23rd
<p>Go on a silent nature walk, notice the sounds around you. Reflect on what you're hearing. Reflect on what you feel on your walk, the temperature, the wind, your breath, your muscles. Try to be present in the moment.</p>	<p>Talk to someone to teach you about your community. What are some meaningful places in your community? What is the oldest building in your community? What year was your school built. Find someone who went to school there the first year it was opened.</p>	<p>Learn how to make a fire. What are the key elements that a fire needs to burn? How does the shape of a fire determine how it burns?</p> <p>Safely make a fire with an adult present.</p>	<p>Find out what your name means? Why are you named that? Are you named after someone?</p> <p>Is there a story behind your family name? If you already know, share the story with somebody else. If you are unsure, ask somebody to share the story with you.</p>
Friday April 24th	Saturday April 25th	Sunday April 26th	BONUS!
<p>What are some of your family traditions? What are some traditions that may have been practiced in the past, but are no longer put into practice? Which of these traditions (past and present) would you like your future family to follow?</p>	<p>Practice one of your family traditions today.</p>	<p>What makes you You? What are your strengths? Who do you want to be 10 years from now? In 20 years? In 50 years?</p> <p>What are some endeavors you want to lead your family/community in?</p> <p>Write in your journal or share your thoughts with a family member.</p>	<p>Brain Break! Take some time for you today to do something that you really enjoy. The goal is to boost your energy and get some exercise.</p> <p>Possible ideas:</p> <ul style="list-style-type: none"> - Go for a walk - Have a dance party - Build an obstacle course - Play a traditional game - Try yoga - Build a fort