



PRE-K/KINDERGARTEN

Mental Health & Well-being: Have someone else in your house set a timer for 45 seconds. As soon as it starts, begin hopping like a frog! Don't stop until the timer is done! Next, do a bear walk. You will have to walk with your hands and feet on the floor with your hips high. Take turns with someone. See who can do the best impression! See who can last the longest.

LITERACY SCHEDULE

Monday April 27th

Create an alphabet book. Draw each letter on a page and have your child trace the letter and draw pictures or words that start with that letter.

Tuesday April 28th

Have your child tell you the steps needed to get ready for bed. Use the words first, next, and last.

Wednesday April 29nd

Create sentences together. Write "I like" on a piece of paper and have your child put an object next to the paper to make the sentence. You say the sentence and have them repeat it back to you until they are able to create the sentences on their own. "I like lego."

Thursday April 30th

Read a short story. Talk with your child about the book. Who are the characters? Where did the story take place? What does this story remind you of? How do you think the character felt when...? How did the story make you feel?

Friday May 1st

Have your child practice writing his or her first and last name. Name each letter and the sound that each letter makes.

Saturday May 2nd

Find words around your house (on toys, containers, etc.) and talk about the words (what do they say? what is the first sound in the word? what letters make up the word?) Play a game finding words with certain letters.

Sunday May 3rd

Have your child write a story with scribbles, letters, words and drawings and then have them tell you what it is about. Ask them questions about their story to encourage the conversation/creativity.

BONUS!

Draw a large letter on a piece of paper and poke holes along the line(s) you drew. Have your child string a piece of wool (with tape around the end) or a shoelace through the holes to recreate the letter.



NUMERACY SCHEDULE

Monday April 27th

What is the temperature today?
Write that number in words.

What number is 1 degree more than today's temperature?
What number is 1 degree less than today's temperature?

Tuesday April 28th

Using rocks or sticks create a group of 10. Take some away and have your child count how many are left over. Have them guess how many you took away.

Wednesday April 29nd

Using a deck of cards, have your child sort the cards by colour and number.

Extra step: Use the sorted cards to play a matching game where you flip 2 cards over and try find a pair.

Thursday April 30th

Using rice, cheerios, or small stones have your child line the items up in groups of 5. Practice counting to 20.

Friday May 1st

Simon Says! Find someone to play the game "Simon Says". Use words like forward, backward, left and right when Simon gives their instructions (e.g., take two hops backwards, take three small side steps left).

Saturday May 2nd

Roll 2 dice and add the numbers together by counting the dots. Go one step further and write the addition sentence for each pair of dice you roll.
 $2+3=5$

If you have 4 dice, you can each roll a set of dice and have your child count to see who rolled the higher number. Write the addition sentences for each.

Sunday May 3rd

Go on a shape hunt in your kitchen. Draw the shapes that you find and label them.

BONUS!

Every hour, on the hour, look at the clock and write down the time.

Write a sentence saying what is happening in your home at that time.



LEARNING THE LAND SCHEDULE

Monday April 27th

Paint a picture of the friends you are going to play with when you can play in groups again.

Tuesday April 28th

Use mud, rocks, sticks, pinecones, and other natural objects to create a picture frame for your painting.

Wednesday April 29nd

Spend time outside looking for signs of spring! Do you see any robins? Worms? New buds on trees?

Thursday April 30th

Make a hot dog cooker using a pringles can and a skewer, creating a solar oven. Cut a rectangular section out of the side of the can lengthwise. Poke the skewer through the hotdog and then through the bottom and top of the can. The cut-out section acts as a window that allows the sunlight to reflect off the inside of the can and cook the hotdog.

Friday May 1st

Have your child help you make a meal.

Saturday May 2nd

Learn about rainbows. How many colours are in a rainbow? What kind of patterns are in a rainbow? How do you say rainbow in cree, Saulteaux, or Nakota?

Sunday May 3rd

Scavenger Hunt!
Find

- 5 pinecones/cattails
- 4 tumbleweeds
- 3 insects
- 2 different animal tracks
- 1 new growth

BONUS!

Make a mud kitchen with old kitchen pot/pans/utensils. Allow your child to create mud pies.