



GRADE 1 - 3

Mental Health & Well-being: This week's theme is movement! Have someone else in your house set a timer for 45 seconds. As soon as it starts, begin walking like a gorilla! In a low sumo squat, use your hands to balance and shuffle around the room. Don't stop until the timer is done! Next, do starfish jumps. Jump up and down spreading your arms and legs wide like jumping jacks. Take turns with someone. See who can do the best impression! See who can last the longest!

LITERACY SCHEDULE

Monday April 27th

Create a comic strip about what you did this weekend. Make sure to use the words: first, next, after, before, and finally.

Tuesday April 28th

Synonyms are words with the same meaning. Come up with synonyms for the following words

- Hot
- Storm
- Pretty
- Fast
- Small

Wednesday April 29nd

Using only the letters in the word SPRING spell as many other words as you can.

Try others!!
WATERFALL
WILDLIFE
LANDFORM

Thursday April 30th

How many words can you think of that have:

- Sh - at the beginning
- Th - at the end
- Ch - at the beginning
- Ck - at the end

Create a list.

Friday May 1st

Pretend you woke up with a superpower! Write a paragraph all about your new superpower.

What would be the first thing that you did? How could you use your new power for good?

Saturday May 2nd

Create word families with at least 10 words that end in:

- end
- ight
- ew

Sunday May 3rd

Antonyms are words that mean the opposite. Think of antonyms for the following words

- Young
- Fresh
- Dark
- Heavy
- Hard

BONUS!

Write words on cue cards and then cut the cards into pieces where there would be breaks for syllables (ba-na-na), or by first/last part of words (butter-fly). Put the words back together.



NUMERACY SCHEDULE

Monday April 27th

Find 5 items in your bedroom that are between 15cm - 30cm. Draw a diagram of each object and write down the measurements beside each picture.

Tuesday April 28th

What is in your kitchen cupboard? Think of a sorting pattern for the food containers to organize them. Will you sort them by size and shape? Shape and colour? Sort them and see if someone can figure out your sorting rule.

Wednesday April 29nd

Locate as many items in your house that are shaped like a:

- Cylinder
- Cube
- Triangular prism

Thursday April 30th

Perimeter is the distance around an object. What is the perimeter of your favourite book? Your kitchen table? Your bed? Challenge: Find out the perimeter of the outside of your house.

Friday May 1st

See if you can find 10 numbers in your house that are less than 100 (if not, you can just make them up). Practice writing the numbers in words as you find them.

Example:

The clock says 10:45.

10 = ten

45 = forty-five

Saturday May 2nd

A friend recycled 46 pieces of trash on Earth Day. The trash was made up of bottles and jars. How many of each did your friend recycle? Draw a picture to show your answer.

Challenge!

Come up with at least 5 different possibilities.

Sunday May 3rd

Take some liners for a muffin tray, or scrap pieces of paper, and write different totals you could make with spare change (\$0.35, \$1.50, \$0.16 etc.). Put the liners or papers in a muffin tin. Put some coins in a bowl and have your child make the different amounts with the coins. If there are mistakes, show them how to make the correct amounts.

BONUS!

Practice skip counting by 6 (or any other number that seems a bit tricky). Call out the numbers as you do a movement activity such as jumping jacks, skipping, taking large steps, etc.

6, hop, 12, hop, 18, hop...



LEARNING THE LAND SCHEDULE

Monday April 27th

Learn about a plant that is native to Saskatchewan. In a journal draw an accurate diagram making sure to label the roots, stems, leaves, seeds, etc. Also answer: Where does it grow?

Tuesday April 28th

Find a bucket or tote with a lid to create a compost bin. Then, use a drill or a hammer and nails to punch holes in the bucket (top, bottom, sides). Things such as vegetable scraps, eggshells, bread, dead leaves, coffee grounds etc., can go into the bin. They will start to decompose into a soil. When complete, you can put the compost into your flowers beds or garden to promote healthy growth. Remember to shake or stir the bin daily!

Wednesday April 29nd

Ask someone in your house or community to share what they know about the Traditional Medicines that are close to you. Ask questions about where it grows, what it is used for, and when is the best time to harvest it.

Thursday April 30th

Research ways to save and replant the seeds from fruits and vegetables you have in your house. Tomatoes, peppers and strawberries are an easy place to start.

Friday May 1st

Using the iNaturalist app, take pictures of plants around your house and learn something new about them!

Saturday May 2nd

Put the base of romaine lettuce, celery or green onion in a cup of water. Place the cup in a window and watch the vegetable regrow.

Sunday May 3rd

Spend some time outside. Look at fallen trees or the stumps of trees. Count the rings in the wood to determine the age of the tree.
1 ring = 1 year

BONUS!

Use seeds and peanut butter to create a bird feeder. Start by rolling a toilet paper tube in the peanut butter and then roll it on the seeds. Hang it outside and watch the birds eat!