

GRADE 4 - 6

Mental Health & Well-being: This week's theme is movement! Have someone else in your house set a timer for 45 seconds. As soon as it starts, begin a cheetah run! Run in place as fast as you can just like the fastest animal in the Sahara. Don't stop until the timer is done! Next, do a crab walk. Sitting down, place your palms on the ground behind you, lift your hips and crawl on your hands and feet. Take turns with someone. See who can do the best impression! See who can last the longest!

LITERACY SCHEDULE

Monday April 27th

Bake or cook a new food, then write a food review about it. How many stars would you give it? Why? Who would you recommend it to? Would you make this food again?

Tuesday April 28th

Find a book you have never read before. By only looking at the front cover, make a prediction about what the book will be about. Once you've shared your prediction with someone, read the book and see how close your prediction was.

Wednesday April 29nd

Create a matching game. Write words in cree, Saulteaux, or Nakota on pieces of paper and then write what they mean in English on another. Play with a partner and match the words together. Practice saying the words as you flip the cards.

Thursday April 30th

Think about the story the three little bears? Re-write the story, change the characters, endings, title, etc. Share your story with someone in your family. Challenge: Illustrate the pictures that go with your story.

Friday May 1st

Imagine there was still dinosaurs roaming this Earth with you. What would that look like? Write a paragraph about your life with dinosaurs.

Saturday May 2nd

"Can you tell me your steps of how to get dressed to go to a round dance ceremony?"
Write out the steps and talk to someone in your family if you need help.

Sunday May 3rd

Put the months of the year into alphabetical order.

Try these too:

- Capital Cities in Canada
- Names of traditional medicines

BONUS!

Imagine you can have any animal for a pet. What would you have? Why? Where would it live? What would you feed it? What would you name it?

NUMERACY SCHEDULE



Monday April 27th

Convert:

5 mins 28 secs into seconds

12 days into minutes

120481 seconds into hours

2 months into hours

504 hours into weeks

Tuesday April 28th

Play battleship against a friend or family member. Take 2 blank pieces of paper and make 2 game boards. Each person draws 10 vertical lines and 10 horizontal lines to create a arid. Across the top, label the lines 1 to 10. Down the left side, label the lines A to J. Play battleship by marking ships on your paper and having somebody guess where on the grid the ships are located (e.g. D5, B6)

Wednesday April 29nd

Create a symmetrical picture that has both a vertical and horizontal line of symmetry.

Thursday April 30th

The Wadena Bakery bakes 730 Boston Cream donuts every day. If they are packaged in ½ dozens, how many boxes do they need for all the donuts?

What answer is closer?

300 or 100

Friday May 1st

The mail truck leaves the post office and travels 10 kms south, 16 kms west, 14 kms north and 3 kms east. Which direction does the truck have to go to get back to the post office? Draw your map.

Saturday May 2nd

Find out the length of an official size soccer field, hockey rink, basketball court, and lacrosse field. Order them from smallest to largest in feet.

Sunday May 3rd

Measure the windows in your house. Find the area and perimeter of each window. Can you find two windows that are the exact same size? What shapes are the windows? What do you notice about the shape and how big they are?

BONUS!

The poplar tree is taller than the maple tree but shorter than the birch tree. The oak tree is taller than the pine tree. Which tree is taller, the oak or maple? List the trees in order from tallest to shortest. How do you know?



LEARNING THE LAND SCHEDULE

Monday April 27th	Tuesday April 28th	Wednesday April 29nd	Thursday April 30th
Research traditional medicines. In a journal find out: -Where can you find them? -Where does it grow? -When do you harvest it? -What does it look like?	Interview someone in your community about the traditional medicine(s) that are close to your house.	Write out the steps to harvest the medicine you researched. What are the most important things to remember? How do you do it? When is the best time? Do you need special tools?	Create a map of your community marking all areas where traditional medicines are present.
Friday May 1st	Saturday May 2nd	Sunday May 3 rd	BONUS!
Create a Traditional Medicines Book of Saskatchewan. Include: pictures, names, labels, uses, traditional names, and any other important information you find interesting.	Spend some time outside today! Take a walk and look for signs of spring! Take pictures if you are able.	Share your new knowledge of traditional medicines with someone in your family! OR create a video to share what you have learned!	Time for a new medicine! If you could create a traditional medicine what would it be and what would it be used to heal? Where would you find it? Could you harvest it all year long?