



PRE-K/KINDERGARTEN

Mental Health & Well-being: Have your child draw the faces of the following emotions: Happy, Sad, Afraid, Silly, Surprised & Angry. Ask them which one they are feeling and why.

LITERACY SCHEDULE

Monday April 6th

Play with rhyming words. Ask your child to help you think of some other words that rhyme with **pan**. Take turns using the words in sentences.

Tuesday April 7th

Find 10 things that are heavy. Have your child draw the objects or help them write a list.

Wednesday April 8th

Write down the names of at least 5 different people in your family. How many syllables are in each of their names? Clap out their names together to find out.

Thursday April 9th

Put something like sand, flour or salt in a small tray with edges. Have your child use their finger to practice writing the letters of the alphabet.

Friday April 10th

Try make every letter in your name using only your body.

Challenge: Spell your first and last name!

Saturday April 11th

Pick a picture from a book that you are reading. Model asking questions. Have your child ask you questions that begin with the following question words:
Who? What?
Where? When?
How? Why?

Sunday April 12th

Take a walk in your neighborhood and search for items in nature that form the shape of letters. Draw what you see.

BONUS!

Go outside and gather 10 different items. Spread them out on the ground and play I-spy with a family member. Use phrases like: "I-spy something that is smooth"
Challenge:
Try playing in cree, Sauteaux, or Nakota.



NUMERACY SCHEDULE

Monday April 6th

Sort your clothes or toys into rainbow order. Then, sort your clothes or toys into order, biggest to smallest.

Tuesday April 7th

Use paper, disposable plates, cardboard or other material to create a matching game with the numbers 1 to 10 written in numbers and drawn in dots. Have you child match the dot patterns to the numbers. Extend by matching dots to numbers to number words.

Wednesday April 8th

Draw a picture of a robot! Use 5 rectangles, 4 triangles, 3 circles, 2 squares, 1 diamond. Share your robot and tag #happyathome

Thursday April 9th

Count how many windows, doors, beds, animals, and people are in your house.

Friday April 10th

Jump 3 times, once like a bunny, once like a frog, and once like a kangaroo. Measure each jump with your feet. Which jump was the shortest? Which was the longest?

Saturday April 11th

Using natural objects, you find outside, rocks, pinecones, etc., create an ABC repeating pattern. (rock, pinecone, feather, rock, pinecone, feather)

Sunday April 12th

Draw a picture of 5 dogs. How many legs? Ears? Tails? Eyes?

BONUS!

Find a spiderweb around your house, look and see how many shapes you can see inside it.



LEARNING THE LAND SCHEDULE

Monday April 6th

Using sticks, make a line longer than your child. Have them count how many sticks they need for it to be bigger than them.

Tuesday April 7th

Go outside and count how many different types of birds you see. What colour are they?

Wednesday April 8th

Collect different natural items, rocks, pinecones, snow, etc. blindfold your child and have them guess each object using only their sense of touch and smell

Thursday April 9th

Hide different objects that aren't normally in nature outside. Then have your child find the objects that belong in the house.

Friday April 10th

Scavenger Hunt!

Find the following:

- something furry
- a rock
- soil
- something cold
- a pinecone
- something alive

Saturday April 11th

Animal Game: Name an animal that lives near you, have your child show you how that animal would move, what it would sound like, and how it would sleep.

Sunday April 12th

Go on a silent nature walk down a trail or around your house. Listen carefully to the sounds you hear around you. For every sound you hear raise a finger, when you have 5 sounds talk about what you heard with your child.

BONUS!

In Cree, Saulteaux or Nakota find out how to explain what the weather is like.