

Nation Builder Engagement

During these unprecedented times Treaty Education Alliance continues to support the growth of our Nation Builders. It's important to take time to be grateful, acknowledge where we are at, and to know this journey will teach us about ourselves. Think about how these key questions can guide you moving forward.

Where do I come from?

PreK - Grade 3

Create a poster to promote your community. Share the best parts and the history that belongs to your community.

Grade 4 - Grade 9

Learn about the traditional medicines that are around your community. Talk to someone who harvests the traditional medicine in your community. Ask them to show you how.

Where am I going?



PreK - Grade 3

Be a teacher! Teach a younger sibling or friend something you've learned since Covid-19 closures started. Who taught you or where did you learn this from?

Grade 4 - Grade 9

Create a timeline of your life that represents your future. What are the big stages of your life? What do you want to have accomplished by the time you are 20, 30, 45 and 60?

Why am I here?



PreK - Grade 3

If you could change three things in the world what would they be? Why? How can you help change them?

Grade 4 - Grade 9

What do you dream of changing or improving in your world? How can your passions get you there? Who can you reach out to for support? Share your ideas with a family member or a friend.

Who am I?



PreK - Grade 3

Create a newspaper article for the year 2030, what does the article say about your community? How has your community grown in 10 years? What does it look like?

Grade 4 - Grade 9

How can you and your Nation's identity be strengthened? How can you see yourself strengthening your community. Write a letter to your Chief addressing what you are going to do to make your Nation stronger.

How do I feel?



PreK - Grade 3

Camp in your backyard, pitch a tent, or put up a tipi to sleep in for one night or more . Listen to the sounds of nature. What animals and birds do you hear?

Grade 4 - Grade 9

Download a colouring app or create a picture to colour. Spend time creating a masterpiece that you can frame and have as a reminder of this time in history.

What can I do?



PreK - Grade 3

Set up an outdoor bowling alley with pop bottles and a ball.

Challenge someone to a bowling match.

Grade 4 - Grade 9

Plant a garden. Build a garden box to plant vegetables in.
Old tires and wood are great resources to start.
Research which plants grow best beside each other.

The Hon. Senator Murray Sinclair, Chair for the Truth and Reconciliation Commission