



Nation Builder Engagement

During these unprecedented times Treaty Education Alliance continues to support the growth of our Nation Builders. It's important to take time to be grateful for the time with our families, acknowledge where we are at, and to know this journey will teach us about ourselves. Think about how these key questions can guide you moving forward.

Where do I come from?



PreK - Grade 3

Ask a knowledge keeper to share a story about your community with you. Draw a picture of your favourite part of the story.

Grade 4 - Grade 9

Ask a knowledge keeper to share a story about your community with you. Reflect on the story and create a mental map of your learnings.

Where am I going?



PreK - Grade 3

Draw a picture of 5 things you're good at. How did you learn to do those things?

Grade 4 - Grade 9

Write about your strengths. What are you good at? What do you enjoy? Ask a friend or family member what they see as your strengths.

Why am I here?



PreK - Grade 3

Tell someone 5 things that make you happy. How do you know they make you happy?

Grade 4 - Grade 9

Find time this week to do 5 things that make you happy. Record a video to make someone laugh.

Who am I?



PreK - Grade 3

Draw a picture of family include grandparents and the people closest to you. Count the number of people in your picture.

Grade 4 - Grade 9

Create a poster that shows your relationships to the people closest to you. List the strengths of each person.

How do I feel?



PreK - Grade 3

Explain to someone how you feel right now, take those feelings and paint or colour a picture using the colour that represents how you feel.

Grade 4 - Grade 9

Pick a colour and collect pictures that are only this colour. Create a collage with these images.

What can I do ?



PreK - Grade 3

Spend time outside! Create a maze and have someone in your family go through it.

Grade 4 - Grade 9

Help your parents or your neighbour while practicing social distancing to do spring cleaning, raking leaves, collect litter, or organize recycling, etc.