# Summer Learning the Land Activities

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Mother Earth provides everything for her children to live in harmony. A balance is achieved for all life forms to live in positive mutual interaction. Respect and the utmost care was provided to her so that she may continue to sustain the sacred relationships that have been on-going since the beginning. Any action taken that deviated from this relationship was seen as disrespecting mother earth and in extreme cases, a violation of sacred laws.

It was important for young people to be instilled with the value of humility to carry on the sacred relationships. Another important value integral to maintaining a sacred balance is respect. Children were taught to respect mother-earth as they respected their own mothers. In prayer and ceremony, mother-earth is acknowledged for providing food, medicines and other things needed to sustain life. The mother-child relationship is extended to all other life-forms.



### Construction of Fishing Nets

Elders within our Territory talk about the construction of fishing nets as a summer activity. Do you know anyone in your community that practices this traditional skill? Even though many people fish for recreation, fishing can be an important part of food gathering and is a Treaty right. When creating these nets it's important to know the size of the holes needed to catch the right fish.

INK.2, RWK.2, PK.1,SSK.1, SSK.3 Kindergarten: Grade 1: LT1.1, LT1.2, DR1.3, RW1.1, N1.1, P1.1, P1.4 AN2.3, MP2.2, MP2.1, IN2.2, DR2.4, P2.1, N2.1 Grade 2: Grade 3: SM3.1, DR3.2, DR3.3, N3.1, SS3.5 HC4.1, N4.3, N4.4 Grade 4: Grade 5: FM5.3, RW5.1, SS5.2, SS5.3 Grade 6: DL6.4, DL6.1, IN6.1 IN6.4, N6.9, SS6.1 Grade 7: IE7.1, DR7 WS8.1, WS8.3, P8.1, SS8.3, SS8.2 Grade 8: Grade 9: N9.1, P9.2, SP9.1 NATST30.2, FP10.3, WA20.5, C30.1, Grade 10-12: FM30.2, SCI10-CD1, PS20-PW2, ES20-CE1



## Camping

Families, friends and communities often plan camping trips together and teach each other about gathering and foraging. You can also learn about the different medicines growing around you. Excursions to familiar lakes and woods is a chance to visit the more than human relatives to continue building memories and relationships. While on the land it's important to understand life cycles of those around you, and to be aware of the ever changing weather conditions.

| Kindergarten: CRK.1, CRK.3, INK.2, DRK.3, RWK.2, NK.3, NK.5     |
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| Grade 1: CR1.2, SE1.2, OM1.1, DR1.3, N1.3, P1.2, SS1.4          |
| Grade 2: CR2.3, AN2.3, MP2.2, IN2.2, DR2.4, RW2.2, SS2.1, SS2.3 |
| Grade 3: CR3.1, AR3.1, SM3.1, ME3.2, DR3.2, DR3.3, N3.3, SS3.4  |
| Grade 4: USC4.5, CR4.1, HC4.3, LI4.1, RW4.1, SS4.3, SS4.1       |
| Grade 5: CR5.1, CR5.3, HB5.1, WE5.1, WE5.3, N5.5, SS5.1         |
| Grade 6: CR6.2, DL6.1, DL6.2, EL6.1, IN6.1, N6.9, SS6.2         |
| Grade 7: USC7.4, DM7.8, IE7.1, RW7.3,N7.4                       |
| Grade 8: CR8.5, P8.2, SS8.1, CR8.5, SP8.2,                      |
| Grade 9: DM9.11, CG9.1, N9.2, P9.4                              |
| Grade 10-12: CR A30.1, NATST10.2, SCI10-CD2, ES20-AH1,          |
| BI3O-OL3, FP10.5, HC11, WA30.5                                  |



### **Traditional Games**

Traditional games can be played in large groups, small groups or individually. Games like lacrosse, buffalo ball, run and scream, or tug of war are all games that can be played in the summer months. Games of strength and speed like leg wrestling and racing develop important skills in young people. Although games are cooperative as teams play together, they are also fiercely competitive. These characteristics show themselves in modern sport such as, baseball, softball, and hockey.

Kindergarten: CRK.1, CRK.3, ARK.2, INK.1, INK.2, SSK.1,

| Grade 1: CR1.1, CR1.3, SE1.1, DR1.1, SS1.1, P1.1,                |
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| Grade 2: CR2.1, CR2.3, AN2.2, MP2.1, IN2,2 P2.2                  |
| Grade 3: CR3.1, AR3.1, SM3.1, IN3.2, SS3.1                       |
| Grade 4: USC4.6, CR4.1, CC4.3, HC4.1, HC4.3, LI4.1, P4.2, SS4.1, |
| Grade 5: CR5.3, CC5.1, SP5.1, N5.2                               |
| Grade 6: CR6.5, CR6.2, CR6.5, FL6.3, IN6.1                       |
| Grade 7: CC7.6, SP7.3, P7.1,                                     |
| Grade 8: DR8.2, CS8.4, WS8.2                                     |
| Grade 9: CP9.6, USC9.2, CG9.2, CC9.2B, IN9.2, SP9.1, SP9.4       |
| Grade 10-12: CR A10.2, TPP10, CS20-FP1. ES30-LS3,                |
| NATST30.5, FP10.2, FM20.2, WA20.9, SI11                          |
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#### Powwows

Powwows bring people of all ages, communities and nations together. These gatherings happen in arbours, arenas, gymnasiums, conference venues, or any large facility. Traditional Powwows are ceremonial, whereas some modern Powwows are competitive with categories like fancy, traditional, grass, chicken and jingle. Different dances require different styles of songs which are sung by drum groups from many nations. Many elders sitting around the circle are praying. Each powwow has an arbour master who determines protocols and blesses any feathers that may touch the ground. The Powwow MC brings laughter, personality and knowledge to the gathering.

| and knowledge to the gathering.                            |
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| Kindergarten: CRK.1, CRK.3, INK.2, RWK.1, SSK.1,           |
| Grade 1: CC1.3, CR1.3, IN1.1, IN1.2, SS1.1, P1.1,          |
| Grade 2: CR2.1, IN2.2, MP2.1, MP2.2, P2.2                  |
| Grade 3: CR3.1, IN3.2, SM3.1, SS3.1                        |
| Grade 4: CR4.1, CC4.3, IN4.1, SO4.1, SO4.3, P4.2, SS4.1,   |
| Grade 5: AR5.1, CR5.3, N5.4, SS5.5,                        |
| Grade 6: USC6.4, CR6.2, SS6.2, IN6.1, IN6.4, N6.9, SS6.4,  |
| Grade 7: USC7.5, DM7.8, CP7.2, CR7.1, CR7.2, P7.3          |
| Grade 8: CG8.2 CR8.5, CC8.1, CC8.2, P8.1, N8.3, SS8.4      |
| Grade 9: CR9.3, CH9.2, PA8.1, SP9.2, SS9.1                 |
| Grade 10-12: CR B10.2, CR B30.1, IN9.1 SCI10-CD2, PS20-HT1 |
| CS20-CS2, NATST20.2, WA20.5, FM30.7, FP10.6                |
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#### Feasts

Feasts are important community ceremonies. They bring people together. Following protocols and instruction are important, each community has different ways in which they conduct their feasts. In most communities, men and women sit on opposite sides of the circle, young men serve the food until it is all gone, and women wear skirts. Because one must except the food that is served, most people bring their own plates, containers, placemats, and bags to eat, take food home or offer it back to the land. Ribbon skirts and ribbon shirts are one way for people to share what is important to them.

INK.1, INK.2, NK.1, PK.1, NK.5, Kindergarten: IN1.1, DR1.3, OM1.1, DS1.1, N1.5, P1.4 Grade 1: Grade 2: AN2.3, AW2.2, IN2.2, N2.1, N2.2 1, SM3.2, IN3.2, DR3.2, RW3.1, SS3.3, SP3.1 Grade 3: CF Grade 4: HC4.1, RM4.3, HC4.2, SS4.1, P4.1 Grade 5: FM5.2, FM5.1, P5.1, SS5.5 Grade 6: DL6.4, DL6.5, SS6.2, IN6.1 N6.9, SS6.3 Grade 7: , IE7.1, Grade 8: N8.5 SS8.3 SP8.1 Grade 9: N9.2 P9.2 SS9.2 SCI10-CD3, HS20-DT1, CH30-EQ1, Grade 10-12: NATST10.1, FP10.5, WA20.6, TPP11, WA30.2



#### Wild Turnip Picking

Wild turnips are a favourite food for many people, however its takes great knowledge and skill to understand and respect turnips. Turnips often grow in sandy locations . They can be different shapes and sizes. When you pull a turnip you make sure to put the top back in the ground so it will seed the following year. Turnips are picked mid July and can be saved and used throughout the whole year. People will often braid the roots and hang them to dry.

| Kindergarten: CRK.1, CRK.2, CRK.3, INK.1.I, RWK.2, NK.1, NK.3, NK.5 |
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| Grade 1: CC1.4,CC1.3, LT1.1, DS1.2, DR1.3,RW1.1, SS1.2,SS1.3        |
| Grade 2: CR2.3, AW2.2, IN2.2, DR2.2, SS2.3, SS2.2                   |
| Grade 3: CR3.1, AR3.1, PL3.1, ES3.1, DR3.3, IN3.1 SS3.2, SS3.5      |
| Grade 4: CR4.1, CR4.3, CC4.3, HC4.1, HC4.3, DR4.1, SS4.4            |
| Grade 5: CC5.1, CR5.3, CC5.1, WE5.3, RW5.1 N5.2, P5.1               |
| Grade 6: CR6.2, CR6.5, IN6.1, N6.9, SS6.4                           |
| Grade 7: USC7.4, CR7.5, RW7.3, N7.2                                 |
| Grade 8: CR8.4, CC8.1, CC8.6, DR8.1, SS8.3, SP8.2, SS8.2            |
| Grade 9: N9.2, P9.1, SP9.3  |
| Grade 10-12: CR20.1, SCI10-CD4, ES20-AS2, BI30-GB3,                 |
| NATST30.1, WA10.2, FM20.9, TPP12                                    |

Outcomes are colour coded by subject: ELA, Health, Math, Native Studies, Science, Social Studies, Careers, Arts Additional Activity Suggestions:

| Wild rice harvesting | Rat root harvesting | Smoking fish      | Communi | ty and rela | tionship building | Archery competitions |
|----------------------|---------------------|-------------------|---------|-------------|-------------------|----------------------|
| Rekindling relations | Making scraping     | tools from animal | bones   | Fishing     | Berry picking     | Canoe Races          |



