

White Bear First Nations



Who we are and where we come from . . .

Dedicated to the People of White Bear First Nations

*The people of White Bear First Nations
believe the Creator gave them the land.*

*They knew the Creator gave
them everything they needed.*

The people took only what they needed to live.

Our ancestors believed the land
was given to us by the Creator.

We knew the Creator was giving us
everything our people needed to live.

Our people didn't harm the land.

We knew we were not the owners of the
rivers, forests, animals or plants.

We knew these things were important
and that we were important.



People came from other lands.

Our First Nations people showed the Newcomers
how to survive on the land.

We showed them our ways of hunting, gathering
food and making clothes.

We shared our knowledge of the land.



With the arrival of the Newcomers our way of life was beginning to change.



The Newcomers tried to take our land from us.

The British Crown put our people on reserves.

This was supposed to "protect" us
from the Newcomers.



Plenty of Berries.

by Emma Radeta

The Cree, Saulteaux, Assiniboine and
Dakota First Nation chose the Moose Mountains
for our place to live.

We chose this area because there were
animals and plants for food, medicine plants
and many places for shelter.

We chose this spot
because it was the spot we loved.



Our Treaty with the British Crown was signed at Fort Qu'Appelle in 1874. This agreement was supposed to last for as long as the sun shines and the rivers flow.

By River



Signing Treaty

Medicines, education, ceremonies
and our traditional ways of life
were supposed to be protected
by signing the treaty.



After Treaty 4 was signed the government began
telling our people we couldn't speak
our languages or have our ceremonies.

We couldn't have our round dances
and our pow-wows.

Life was not fair because our people didn't have
enough to eat and they didn't have warm homes.

Our children had to go to residential schools.

Our children didn't learn about
our culture and traditions.



By: Jaryn Cappac

The people of White Bear First Nations
grew older and wiser.

They didn't want to listen
to the government anymore.



By Dellah littlechief

Changes were made so that our
people could have a better life.

We wanted our ceremonies
and traditions back.

We wanted to speak our languages again.



Once again traditional
ceremonies were allowed.

Our people could speak our languages
and practice our traditional ways.

We didn't need permission to leave the reserve.

Our children didn't have
to go to residential schools.



White Bear First Nations has continued changing.

We have our own school, daycare and a rink.

We have a casino for jobs.

There are good homes and a care lodge
for people with no home.

White Bear also has one of the most beautiful
golf courses in Saskatchewan.

These changes have been important.

They have made life better for all our people.



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